

Published Book Resources for Educators

This book listing is comprised of reviews from MFRI staff members who have reviewed hundreds of books for different audiences. The books listed below met our minimum criteria for inclusion in a list of potential resources for educators working or interacting with military families and children.

Helping Teens Handle Tough Experiences: Strategies to Foster Resilience

Authors: Jill R. Nelson, Sarah Kjos
ISBN: 1574822489

Book Review: Good resource based on developmental assets perspective with good research support. Good ideas and comes with a CD with hand-outs for group sessions and individual sessions.

Helping the Grieving Student: A Guide for Teachers

Authors: Dougy Center for Grieving Children
ISBN: 1890534013

Book Review: A useful tool that can be broadly used for pre-school through high school, with further web-based resources listed that are also useful.

Hope And Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma (The Zero to Three Early Care Library)

Authors: Kathleen Fitzgerald Rice
ISBN: 943657938

Book Review: Real life case examples in a language good for parents or teachers. Provides strategies for healing.

Mentoring for Resiliency: Setting up Programs for Moving Youth from "Stressed to Success"

Authors: Nan Henderson, Bonnie Benard, and Nancy Sharp-Light (Eds.)
ISBN: 966939417

Book Review: A resource for teachers or other youth workers to assist them with methods for increasing resiliency in children.

Mourning and Dancing for Schools: A Grief and Recovery Sourcebook for Students, Teachers and Parents

Authors: Sally Downham Miller
ISBN: 1558747753

Book Review: Not military specific but provides a good way to process grief.

Reaching and Teaching Stressed and Anxious Learners in Grades 4-8: Strategies for Relieving Distress and Trauma in Schools and Classrooms

Authors: Barbara E. Oehlberg

ISBN: 1412917239

Book Review: Good resource to assist with understanding children's reactions and how to help. Would also be useful for Family Readiness Group programming for children.

Teaching Young Children in Violent Times: Building a Peaceable Classroom

Authors: Diane E. Levin

ISBN: 865713162

Book Review: A tool to assist teachers in creating a peaceful classroom by using techniques to manage feelings within the classroom. Not military specific.